TFTC 449

**Jessica:** [00:00:00] I'm going to Parallel Nipponly on Wednesday. I just, I was just seeing that the first time in 2017, they had like these big huddle posters. Yeah,

**Marty:** we've got the, uh, the extreme privacy

**Jessica:** book. I actually don't know that. What is that?

**Marty:** I think it might be sponsored by them. Michael Basel. Um, it's how to get your privacy on in the digital age, which is, um, it's important.

Like, did you, uh, Do you now consider yourself

**Jessica:** a cypherpunk? I mean, I would, that's a beautiful title, but I'm, I haven't, I haven't done any accreditation for such a, such a thing. I feel like I've documented some pretty cypherpunk shit. I would, I mean, I, that would be a beautiful title to, uh, try to work to.

I mean, I love this world. I don't really say it so directly sometimes. I mean, it's a weird thing, like [00:01:00] filmmaking and, are we recording? Oh, we are. Um, it's a weird thing, um, filmmaking and trying to stay outside of your film. Um, or like, away from the film, but also, I love this world. . So,

**Marty:** yeah. Did you

**Jessica:** stumble into it?

Um, basically, so I didn't know I was gonna make documentary filmmaking films. Um, and in I'd been jumping around doing a few things, including acting and theater directing in New York City. And then I was like, I really need to make something. I was dying to make something and I thought it was gonna be a fiction film that I had written or was in the process of writing.

And, um, We went away on a little vacation and I like Through family, family friend was telling me about this artistic piece that he was doing, basically drawing, um, an air 15. That was like 20 ft by seven ft. And it was going to be this very beautiful but emotional piece. And he was gonna [00:02:00] enter into the conversation about gun control via this art piece.

And visually, it was really beautiful. And this was post Sandy Hook, and it was everywhere. And I said, Well, maybe this is a different angle to just And I was like, I guess I'm making a doc film. I didn't really know what that was yet in the sense of I never even thought I was ever even gonna make a doc film that wasn't on my radar in any capacity.

Um, and five days later I started making a documentary film. And that weekend... Like, basically, I think the first day of filming, um, one of the subjects, Greg Boger, he was like, oh, and have you heard of Cody Wilson? He's doing this thing, and it just started happening, and I was like, well, obviously, he's the yang to your ying, like, that's, these are the two far opposite.

We have the emotional... And we had the person that's building and creating that's technically, I mean, you could say is the unemotional aspect of it. So, like, enjoying a political spectrum on [00:03:00] very two sides. And so they became the subject of my first film. Um, but you were asking me how I entered into all of that.

Wait, the first one was No Control? No Control. Yes. So basically that first weekend I met with Cody. In, uh, July of 2013, I learned about Bitcoin. I learned about all these things and they were immediately super interesting to me. And within a month I was, I, you know, got into Bitcoin.

**Marty:** Yeah. No, it's, it's funny because the, uh, your individual archetype, like a artistic individual In New York City.

Many people wouldn't expect that they'd be making, somebody like you would be making, like, hardcore films about cypherpunk. Individuals and tools, like, defense distributed, open source software, open source CAD files.

**Jessica:** Sure, I'll take it. I mean, I think at some point, like, wait, New York was supposed to be, like, where the [00:04:00] artists were, right?

But it's, it's, it's a different kind of artistry now. It's more of a, in lined with a certain memo. Yeah, I experienced that making this film since it took eight years. Oftentimes, people were like, what the hell are you doing? Like, it was very, very, um, thematically untouchable. The idea that I was enjoying this world so much.

It was so unknown. And didn't spark as much curiosity sometimes in conversation that I would have thought like people I guess it's the whole thing of like pushing outside your box You're either You're either like ready for that like new That new aspect of life or you just kind of like shut it out, which we see over and over again with new ideas Yeah, I

**Marty:** guess I mean You just touched on it, but this film took quite a bit of time to actually film and then produce.

Yes. [00:05:00] At what point did you realize that it was going to take you many years to actually

**Jessica:** tell? I mean, definitely in 2018 when the story flipped. Because in 2018, so the film started in April or March. Um, let's say March 2015. And, um, that's when I knew I wanted to do this. And, by, 2018 I thought I had a film or I thought maybe I'd have to film a little bit more, but I had something So it was basically with a PR guy.

That is fantastic person Started pitching it to streaming because I knew at that point. I still needed even though I had been self producing Everything at that point to do post production. I needed I need money to do this. So I You know, he pitched it to the Netflix and Basically, the response back was it was on the wrong side of history, because [00:06:00] I was profiling someone that was not a desirable, basically, and within the You know, we can put all the words in that, but, um, So, this film that was on the wrong side of history that didn't have any quote unquote unbiased opinions of people telling their opinions of what these people, you know, what Cody Wilson was doing and, you know, like, how dangerous, you know, criminals can use this, etc.

I didn't have that, and it was very obvious in my sizzles that they were shipping around. Um, so I knew at, um, That in 2018, that on top of what happened to Cody in 2018, I was like, Oh, this is going to be an even longer process. Um, I think I probably always knew that unconsciously because the reasoning for doing this film was that, and the reasoning for my first film was that we get the majority of our information with two minutes clips on the news, five minute little docs that are [00:07:00] heavily biased that the journalist is like.

Also a main character, and you can, you can read their opinions from their bodies, like it's, it's always, you know, it's not, it's not, not that, not that a film can be completely unbiased, I mean, let's, let's be honest, someone's cutting it, someone's creating message, visuals, et cetera, but you can try to remove yourself, you can try to let the characters represent themselves as much as possible, and then thematically code in what They're demonstrating trying to show right?

Um, and that's what I've hoped to do with death death athletic. So in 2018 I definitely was like, oh, this is gonna be a longer process and it's gonna be far harder to find any kind of support Because we had coupled now that it was on the wrong side of history then we have a whole kind of cancellation process that even Forces other people to not want to be aligned with such a [00:08:00] film

**Marty:** even I mean not even speaking to the film specifically But I think Cody's incident in 2018 when he got embroiled with that underage sex scandal Which you I think you guys handled it very well in the movie and Because even me personally like a bit coiner He was paying very close attention to Defense Distributed.

I know, uh, when that news dropped, a lot of people in the space were like, Ah, like, God damn it, Cody. Like, it's sort of like we can't. Associate. Associate. Um, I mean personally, but I, there was definitely that chilling effect in these tangential cypherpunk

**Jessica:** movements. For sure. I mean, it's a huge, um, it's a hard thing to get over, especially if you are, if you know someone.

Not get over, like get over, but to even, you can think of anyone that's ever, Russell Brandt right now. Yep. Uh, you can be his best friend. And know his [00:09:00] core. I don't know anything about it. I don't know him, but you can still have doubt and that doubt can eat you hard if you don't know what the story is and most people don't or aren't able to like completely examine all the aspects of it or they're just willing to like, you know, throw the baby with the bathwater.

Like it happened. I believe the internet Bye. Um, so, I mean that was a very difficult, difficult part of the journey for sure. Because not only do you see someone that I'd become very close to get, you know, killed in the media. Um, but you have to ask, you start asking yourself a lot of questions and how much information can be found out and what happened, et cetera, et cetera.

**Marty:** Yeah. That's why you say that, right? Because Death Athletic, the name of the film, and it's mentioned without giving away too many spoilers. Um. Like having these personal deaths, and then I watched, I [00:10:00] was telling you, I watched Cody's death athletic presentation from Guns and Bitcoin last year, where he really dives into the topic of killing yourself.

Death

**Jessica:** athletes.

**Marty:** Yeah, death athletes and his whole journey with Defense Distributed and getting these files out there into people's hands and fighting the court battles. That he did are these sort of athletic deaths that are necessary to sort of push these technologies to a point where Pandora's box has been opened and it can't be shut again.

**Jessica:** Yes So the idea comes from Peter Sloterdijk, a German philosopher And he he's talking specifically in the framework of a religious like religious martyrs religious people's Jesus, you know, that, you know, they have a moral conviction, they have an ethical conviction, and they look at like the tyranny of death and say, my, my [00:11:00] ideas override the fear of that death.

It's, he talks about, um, the euthanasia, right? Yeah. Um, in the book as well, I think, I think Slater Dyke uses euthanasia as a euphemism. Um. So, yeah, but, and this is kind of like, the film kind of modernizes it to now, um, we're not really having religious martyrs in the moment, but we are having, like, idea martyrs.

We're having information, like, people all are getting cancelled or destroyed socially by being called, what, racist, white supremacist, you know, you name it, across the board. And it's creating these, so you have to choose. Do you, are you willing to ride this wave of like, maybe being, maybe being hailed and then literally dying a social and, uh, cultural maybe, maybe like you get kicked out of places, you're, you're, no one wants to associate with you anymore and trying to get back up and prove, prove [00:12:00] what you're doing is correct.

Um. So yeah, death athletic is, I feel like it's a new motto for life to be a death athlete. Yeah,

**Marty:** the guns and Bitcoin presentation, Cody references Jesus when he's on the cross and he's, it has been done. He was talking to God and it's really a powerful statement because you're up there on the cross.

There are people saying, ah, we got you, but you're out there on the cross saying no, I actually got you. My work is done. So it'd be done, and whether it's Cody, Julian Assange, Snowden, Ross Albrecht, Aaron Schwartz. Aaron Schwartz, I mean, rest in peace. I mean, that's why it's interesting with Cody. I think Cody, um, still being around, obviously he went through his legal battles, but he's still out.

But you have Snowden's exiled, Julian Assange has essentially been tortured to death. And

**Jessica:** interesting that Chelsea has not. Yes, and she was the main [00:13:00] leaker. So like you they pick the architects that they want to go down So like the you know, the dissonant architect idea for the the title is also like are you the chosen?

The chosen like death athlete, right? In Cody's case. There's tons of people hosting files all over the internet. To this day, they haven't went after anyone. He's the only one that's constantly, um, you know, in trouble. Yeah. For hosting these things. I mean, I think someone

**Marty:** would make the argument that Jay Stark was, uh, targeted to a certain degree.

Sure.

**Jessica:** Jay Stark as well. Yeah.

**Marty:** Yeah. De site despite all that. And I think that's, this is why the film's so important, bringing this back to the context of Bitcoin and um, I do think the biggest battles that Bitcoin and as a network and then Bitcoiners individually fight have not happened yet. That will come in the future and in the context of the other death athletes, whether it's [00:14:00] Assange, Schwartz, Snowden, Ross Albrecht, they've all sort of been contained to a certain degree, maybe snowed into a lesser degree than the others.

Um, he's able to enjoy life in exile in Russia, but, um, I think the defense distributed in Cody's story. Specifically provide like a good framework of, Oh, like he went up there and I actually fought the courts, fought the battles and won to a certain extent. Obviously, um, uh, it hasn't been the easiest path and maybe he doesn't feel like he's completely won yet.

But I do think, uh, him as an individual, the defense distributed story is a success story. In this day and age of this dissident technology movement.

**Jessica:** I mean, it is in the sense that he literally is not in jail. Yeah. Because from the very beginning, I mean, Cody's super smart. He knew the law. He's had lawyers ever, you know, he, he knew what he was doing.

Like he, at no point was he like, Oh, I'm just going to [00:15:00] like wing this. Um, even though maybe some of it was. You know, at the very beginning, young and impulsive and mischievous. And at the same time, he read the law, right? Um, so the interesting part of him and why he's never been in prison for these reasons is because he really played a heavy hand.

Techno politics. It's where that, you know, his technology was doing exactly or using technology to do exactly what he wanted, but playing in the exact framework of law that could not keep up with the technological changes. It's so sclerotic. So, um, yeah, it's a, it's a very interesting game. And, you know, he say he hasn't won that because technically it was a license, but the license been held and like things, the film goes into it, but in essence, he has won.

Because the files are still being out there, that, on his website, on Defcad, and it might be under, you know, restriction, you have to be a Leggio member, and you have to [00:16:00] access things, and, you know, it's not just like, out there on the internet, free will, free willy, as just, like, other people, like, just going to like, um, well, I won't name them, but, other sites, just have it, click of a button, but he can't, because he's being watched, um, But in essence, he's

**Marty:** won what was it like for you behind the camera going through this process and watching this over eight years, whether it's the individual self development or Cody or the development of the case against him, the cases against him, how he sort of maneuvered.

**Jessica:** I mean, I always felt like I was, like, in it. I mean, it's, I think part of it is I had to be very, I had to be constantly on top of what was happening. I had to be constantly, like, Cody, did you get a message yet? Like, what, what's happening? What's happening? Do I need to come down? Like, so there's, there was a constant back and forth.

So, um, on my side, I constantly felt like [00:17:00] I was in this story. definitely, like, deeply dedicated to every step of the way, um, so even though I wasn't helping build or do any, you know, I was just watching, um, I feel like I've been there side by side the entire time. So it's been intense and awesome and fun and, um, it's always this making this film because of its subject matter.

In, in some way has been a super rebellious endeavor for myself. So maybe I'm not a cypher punk, but I think that's, it would be a beautiful thing.

**Marty:** Well, I mean, especially in today's day and age, I mean, that's why I focus on Bitcoin. Bitcoin's a bit of a rebellion, trying to separate money and state. And it does feel like, I don't know if you would agree, but it feels like at this particular junction in history, as we transition from.

The industrial age to the digital age, we're really fighting for [00:18:00] a future built on freedom. We have two roads. We got freedom tech and the ability of free speech, free association, free money, or the state, the superstructure that it has become over the last couple of centuries, um, wins and we get cattle herded into this digital panopticon where humans really aren't free at the end of the day.

And like, it's. Bitcoiners working on the Bitcoin network or coding defense distributed working on the 3d printed weapons Working on that fight like these are very important Fights that we need to be having right now in a world in which many people are complacent Probably apathetic if we're being honest with ourselves Like it is important that we do have these dissidents in this dissident architecture to ensure that we have some form of freedom moving forward.

**Jessica:** For sure. Like, and possibly and probably there's always going to be two hyper [00:19:00] distinct worlds. Um, and the people that use things like Bitcoin without realizing that they're joining, they're, they're, they're strengthening, um, you know, some people, you know, stock market, you know, the bros that have gotten in just to make money, even they're kind of forcing.

That dissidence, whether they like it or not, which is a beautiful, which I always thought was a beautiful thing about Bitcoin, maybe at the beginning, some people, when they saw, you know, the rise of all this in some ways, like, it doesn't matter why you're in the space, it's so democratic that it doesn't matter who you are.

But if you're playing in it, you're pushing it forward. And that's the most interesting thing is when people create things that, um, the ethos lives inside that system, despite what Person uses it in some senses like I mean we can fight with KYC and all that other stuff But it's like if you're pushing that conversation forward and that system forward I [00:20:00] think it's interesting when it doesn't matter who's using it or why they're using it But the fact that they're using it is actually building that system Stronger if that makes sense.

Yeah,

**Marty:** it gets back to the concept of the entire intolerant minority if you believe that these thesis of how the world has gotten to where it is, the intolerant minority of the late 18th century was the, the revolutionary Americans who fought for independence and it was a very small group of people who ensured that we had freedom moving forward and fast forward to today, the Cody Wilson's of the world, the others in the 3d printed gun movement and the Bitcoiners like this intolerant minority that recognizes, Hey, this is all really structurally and systemically.

Fucked up like we need these new systems to Sort of clear the board and make sure that we have freedom

**Jessica:** moving forward. And we're gonna build it despite [00:21:00] your distaste and when you change your mind come join us. Yes. Yeah, that's like the beauty part

**Marty:** It's the meme of Bitcoin. You'll get Bitcoin at the price you deserve.

**Jessica:** Oh, yeah. Yeah, that's right. That's right Goodness. Um, yeah, everything that's being built right now and being torn down. It's, it's a terrifying and interesting time in the sense of like what's happening across United States and other countries.

**Marty:** Well, that actually It's a very good framing too. I was having, there was a conversation about this over the weekend.

Somewhere I was at is like at this particular point, like should we focus on tearing things down or building things up? Or do we need to do

**Jessica:** both? Simultaneously. Yeah. I think El Salvador is doing that very well. Yeah. Tearing down and building up at the same time, which it makes it rather interesting.

**Marty:** Yeah, but Hank going back to the sort of large scale apathy that exists out there.

Are you confident that we'll be able to? [00:22:00] Succeed in this endeavor to build anew, while also tearing down the terrible superstructures that

**Jessica:** exist in our life. I don't know if I'm confident of it. No? No, I mean, you hope. I think there's gonna be like, actually right now, the whole like empire is dying. I think it is dying in an essence, but it's gonna be like a long death.

It's not gonna be like, silver war tomorrow. Our wars are now in the digital framework. Um, they're just, you know, the future shock is coming too fast for an actual war in some ways. Unless it's on other people's ground, right? Mm-hmm. , I mean, I'm just talking about like in America, it seems like the people that are building or want to build or attracted to this like, um, dissident architecture, if you will, they're moving to countries that are willing and they're so broken by their past that they're like, we have nothing to [00:23:00] lose except to grow.

And so the apathetic people, I think in some ways might get left behind. Mm-hmm. and. Other communities that have like strong belief systems, um, no matter what they are. I mean, we see these popping around, like their attempts. Um, those are the ones that are going to get built up. But then most of these communities that are building are also building tech, right?

And that tech will end up being in competition probably with larger tech. Google, blah, blah, blah. The AIs of the world that are all going to be competing against each other. And then it'll just be there as an out. Yeah. But I don't know if, I don't know how you win on the tech front other than. Always have that out.

Without war.

**Marty:** Well, I actually re recorded an episode right before this with Godfrey Bloom it was, um, [00:24:00] in The UK Parliament, or has been historically, I'm not sure if he is right now, but, um, we got to a point in the conversation where they're like big tech, whether it be YouTube or Russell Brand, um, Twitter, before Elon took over, but I'm pretty convinced that Elon's like the Manchurian candidate of the private sector, I don't think.

It's like every

**Jessica:** now, every day it changes, it's like, do I like what's happening? But I

**Marty:** do think you have apathy in the general populace, but then you also have like this undeserved confidence and almost bold overstepping. Of the line by big tech and big governments where it's becoming increasingly obvious even to those that are apathetic They'll have these sort of moments of like wait a second.

That's a little messed up like YouTube can just take his salary away Nigel can just take his bank

**Jessica:** accounts away. Yeah, it's like at one point Does it go too far and then everybody has to wake up in that in that way? Lockdowns,

**Marty:** I think that woke a [00:25:00] lot of people that

**Jessica:** did wake a lot of people up people that were hardcore Like, I mean, not to use, yeah, yeah, status to use all those words, but yeah, hardcore.

I met some of those people in New York, like, new friends that got woken up during that, that period of time, and they went hard. It wasn't just like, you know, it's like, take the red pill and, and go hard. Like, it was like, oh, okay. Nice to meet you. Um, but, but there's that also, also the part that I think Um, why people seem also so apathetic is because a lot of people are just so quiet and they're scared to cross that line and to be that person and to, you know, ruin their friend group and which was an interesting part what we were talking before is like when I was making this film, like I'd bring up all these topics and I would always be like, Oh, I wonder if I still have a friend tomorrow just because I was like introducing them to all this stuff that it was happening a [00:26:00] lot, like over and over and over again.

Um, but you have to keep on doing that. I guess that was my own death athletics with my friends.

**Marty:** Well, I, I think if your friends, um, if they did sort of say, all right, I'm going to dissociate from Jessica after she's talking about it. You see the end product. That's what I think you did really well in this film is really highlight the first principles, arguments, the philosophy behind why, if you sort of.

Simply, um, strip away the end product, which is a gun and get down to the philosophy behind, hey, this is open source technology. This is information that is out there and that you as a human. With inalienable rights to freedom of association, freedom of speech, and freedom to access information Should have access to and really laying out that first principle like what does it mean to be human?

Not only that to be a free human. It's if you are to believe that you're free You [00:27:00] should believe that you should be able to get access to information discern for yourself What to do with that and not have it sort of Fed to you or gate, gate kept by

**Jessica:** authorities for sure. And like, this is a film quote unquote about guns, but it's much broader than that.

Like, it's amazing how many people still think Cody like bought and sold guns, like physical guns. Like that was never a thing. He's never given anyone a gun. Um, it was always about code. always about information. So sure, you have this gun debate that's going through the film, but it's really about who gets to surveil, who gets to control, who gets to govern what you get to share on the Internet.

This, you know, like, Internet freeway, like, of digital information, like, and can you even? So, when I, when I talked about gun control, my first one was like, everyone talks about gun control, but is there any [00:28:00] efficacy to any of this? And when you look at this whole, um, online information debate of who gets to control code, at the same time, everyone's trying to throw legalities and laws on that, but you can't control it.

You literally, it's an uncontrollable thing. What they can do is just scare the living daylight out of you, like New Jersey did. New Jersey passed laws that if you. So, um, Cody's website, Defcad, had to basically block the state of New Jersey. Because New Jersey said, if you give information to a New Jersey resident, you're doing a criminal activity.

And if a New Jersey resident has that information on their computer, So like literally the information was, you know, a ticking bomb like that. That was a felony, um, which is wild, which only just makes criminals of anybody who has information, right? Um, So, yeah, the [00:29:00] interesting part of it is this film is about guns.

It's about fighting the United States government, taking it off ITAR, taking certain munitions off of ITAR, which is the Cold War, um, set of regulations that the United States put together during the Cold War that still exists to this day, because once the law goes up, they never go down. Um, it's really about the spread of information, who gets to control it.

Cody says it, can the government, oh yeah he does, get in between you and your computer. And to what degree? Cut to like, all the digital tech that needs to form to make sure you, they can't.

**Marty:** Now, again, going back to that critical inflection point, like the future, which the government is that gatekeeper and all this information is extremely scary.

I mean, we're seeing it play out in real time. They're trying to. I mean, you had that law pass in the UK. It was last week of the week before, where they're forcing companies to inject backdoors to their intent [00:30:00] encryption services, which Essentially renders any and then

**Jessica:** encryption did signal say they're closing down for like I

**Marty:** I haven't I haven't caught up on signals particular response to this but see they and again That's why it's almost beautiful to because we're at this inflection point because I think the government's who have overstepped the boundaries and are Really encroaching like they never have before on civil liberties and freedom in the digital age do realize that once This stuff is widely accepted to be free and open information that cannot be controlled.

It sort of defangs them to a point that is scary for them. Sure. And for the apathetic masses, it might be scary for them too, because I think the state is the nanny that's gonna make sure everybody plays nice, but when it comes back to the particular subject of gun control, I mean I grew up in Philadelphia and my mother was a parole officer.[00:31:00]

She didn't, she didn't hold a gun cause she was so anti gun. So I wasn't even allowed to watch Power Rangers growing up cause they had guns in it. Um, it wasn't until I found Bitcoin probably like early college years. It was probably like people would have considered me liberal. I was like, guns are bad.

But, uh, getting into Bitcoin and really exploring these ideas of open source technology and what is freedom of information, freedom of association, freedom of money, um, you get down to like the criminals are going to find a way to. Do criminal activity at the end of the day, whether it's money launder, find a gun to hold somebody up or kill somebody And there's nothing you can do to stop that and it's like What I try to do here and the broader conversation I think that needs to happen what death athletic really does a good job of Sort of exploring and putting out there is this information should be accessible to anybody like you You can either have the government [00:32:00] gatekeep and at the end of the day there Doing a lot of nefarious things at the end of the day that are using that gatekeeping status to basically commit crimes Behind the scenes or you can have this all open and just accept that we live in a world with risk and trade offs And where do you want that that trade off to sit?

But what would

**Jessica:** the politicians do for their job? They're all sociopaths

What would Menendez do? Another perfect example. What would he do? I mean, he's got to take things on the side Hold the law for those side hustles. That was

**Marty:** I mean, that's the beautiful irony of this So for anybody's unaware Bob Menendez Senator in New Jersey or yes Basically just got indicted for

**Jessica:** Minister of Foreign Affairs.

I believe yes.

**Marty:** Yeah, he Got indicted for accepting off the book payments in gold to waive the [00:33:00] Sentence of somebody I forget. I forget. Yeah. Yeah,

**Jessica:** I was like, yes I think I didn't read the whole thing or combat also combinations giving information to the Egyptian government. Yes

**Marty:** He took a bribe. Yeah, I took Bukele

Of course. Um, and their Bitcoin legal tender law and

**Jessica:** all the monologuery. That's right. Brukele did a post. Yeah. Brukele did like his own little like post about it. But also like a few years ago, um, he was, he was basically caught red handed as well. Getting like fake visas for some guys like girlfriends and doing all this.

Hey, you know, nothing shocks You you show what you are from the beginning. Well, I

**Marty:** mean, I guess that's a good topic Like what was it like for you filming death athletic and being this up close and personal to the sort of court process? Not only in this case, but like [00:34:00] generally like dealing with US courts appellate courts.

I

**Jessica:** mean Jersey 10 Wow, like definitely this was very enlightening, um, both for, um, the, the process of, um, D. D. suing the United States government, um, and also through the criminal, the criminal process about how difficult it is for courts to address. Information and to process information, if that makes sense, like there's so many times when I mean, I don't know all the like the words for it, but, um, they wouldn't consider, um, how it's what it's called.

Like, sometimes there was there is a, we need Cody right now. Um, they wouldn't always, they wouldn't consider the merits. And they still wouldn't consider the merits in the case. So when you see him in [00:35:00] 2018 and at one point, he's like, I guess we're gonna have to go to the Supreme Court. They would never actually address the merits of the case.

Because if they address the merits, then they would have to consider that. Oh, they're right. This is a First Amendment thing. It was basically already established under, um, Bernstein and PGP and pulling it off ITAR. They said, this is code. This is not guns. This is code. We have to let it pass. And giving the license that Cody got in 2018 was a demonstration of the DOJ going, Okay, we're gonna lose.

We've had these five incidents prior, um, which the film highlights, you know, in 85 and 95. Like, I'm saying, you know, you know what, this is, this is unconstitutional, guys. This prior restraint on this information is, it's unconstitutional. We need to change this. Finally, DOJ was like, let's give them a license.

Game over. Move it off of ITAR. Let's go. But then. You know, the AGs, [00:36:00] Attorney Generals across the United States just went berserk because what are they going to do about their gun policies and their, you know, their, their, the only thing they talk about if, if, uh, Cody wins. Um, so, sorry, I lost, I lost my train of thought of what your original, Oh, being part of the process, yeah.

So it was really interesting how, just how difficult it was for the system to really acknowledge the complete battle if they won't even consider the merits. And then on the other side of the criminal part, just the system of actually watching in the news how like one piece of news came out and then Everybody parroted it and the words they chose to use and how, um, you see it with other people in the news like, like they're guilty before they're guilty.

It's not, they're, you know, it's the court in the social media, it's death by social media, it's death by [00:37:00] journalism. It's not, you know, wait to see what happens, what's the, what's the facts. Um, and seeing that firsthand with someone that you know is. So intense, um, when you're getting different stories across the board.

So yeah, this, this entire film has been definitely an educational process. Court systems of, um, how difficult it is to win. And knowing that people that aren't supported... Within court systems doing criminal or or not not doing criminal, but just you're fucked Yeah,

**Marty:** is that jaded you as an individual or um radicalized?

**Jessica:** Yeah, probably radicalized me more I mean, I saw it a little bit. I was researching many years ago the death row system in Texas and how Just even if you let's just say you support execution It is [00:38:00] so, uh, tax, um, like, to keep someone on death row is just, just sucks money out of the system like crazy. So you can even be like for death row, but you're like, Oh, but where are my taxes going?

Um, yeah, it's, it's going towards like the 92 times this guy's going to come in and out of the court system with lawyers that are falling asleep. that won't even present cases. And sometimes they are innocent. And if, you know, if you just have some lawyer that's doing cocaine on the side that won't even give information, like there's steps to giving information, the guy, the people don't even have a chance.

They don't have a chance. Um, anyway, so I saw some of that sclerotic, broken system then, and this only I mean, yeah, this only fermented all of that, but on a much larger kind of like U. S. broad scale.

**Marty:** Well, that's the interesting thing [00:39:00] about Kodi defense distributed in this 3D printed gun movement is it's, I think maybe they sparked the fire and now, I mean, we mentioned Jay Stark earlier, but like people are really picking this up and that's.

The incredible thing about this particular movement and this story is we are seeing the fruits of that free access to information today, whether it's the, uh, insurgent, uh, military Amin Amar, they're, they're using Jay Starks, um, FGC9, um, to, to fight back against what they would deem to be an oppressive government, like it is again going double edged sword.

Yes, guns can kill people and criminals can get access to them, but, And if you only give criminals access to them, I think you're damning people to a life of oppression. Sure. And something like Myanmar, I believe, many other countries in Latin America are leveraging it too. They're just

**Jessica:** showing... Different ways than Latin America would, yes.

**Marty:** But it's [00:40:00] showing that like, a bit of asymmetrical leverage against potentially oppressive

**Jessica:** states. Yeah, the asymmetrics. And that is definitely a very hard concept for a lot of people. Um, Jay Stark is super interesting. That's my one regret. We were talking from the beginning and he's like, you should come visit and COVID hit.

And I was like, I can't come. I can't come. Um, and not knowing that he was gonna pass away so quickly. Um, yeah, it's a, it's a story that I think is, you know, even if someone hates guns, it's not a story really about guns.

Um, so yeah, Jay Stark. Yeah, no, the interesting, one of the also interesting parts of this story is, um, because Cody's life changed in 2018, it did embolden the very first movement that like, what was gonna happen.

People had dedicated [00:41:00] themselves to the ideas, but nobody was really, like, people were making things. But there wasn't that ethos that that immediate, like we must take the reins, like call to action. The call to action. And that happened in 2018 with Deterrence Dispensed and Jay Stark and Ivan the Troll.

Um, and that was a super interesting moment because it was like, okay, if something does happen, there is a movement behind this. There are people, That will try to take the reins and continue and Jay Stark did that extremely well. Yeah,

**Marty:** well it goes back to the Title of the film Death Athletic. I think that athletic death needed to happen for people to realize like oh He proved that this is out there nothing Anybody can do about it.

Like it shouldn't be this one. I mean Satoshi is very similar in the sense He had enough not even like a publicly athletic death, but I think whoever Here they were had the intuition like I need to remove myself from this process and somebody's [00:42:00] Just let everybody else take the

**Jessica:** reins How well he did that like I mean, we know everybody was trying to find him and then we found Craig, right?

**Marty:** I think he's getting sued in Australia right now. Latest I heard he's getting extradited to Australia to Oh, interesting. To pay some tax, tax crimes there.

**Jessica:** No, that, that's Satoshi's ability to truly, uh, cloak themselves. Pretty amazing. Yeah, I

**Marty:** mean, not only amazing, but essential to the long term success of Bitcoin.

Sure. Um, similarly with The 3D gun and print, uh, gun, 3D printed gun movement, like, again, like you just mentioned, like, wasn't until people realized that situation that Cody got into in 2018, like, oh shit, like he's not here to lead this, like, we gotta pick it up, like, you need those events, [00:43:00] whether it's Satoshi's, like, just stop, uh, answering message board questions in April 2011 or whenever it was, um, or this very public.

sort of death that Cody had in 2018. Sure.

**Jessica:** Yeah. Um, and definitely his, his cycle started in immediately in 2013 and then 2015. Um, and the other part is like, at which he continues to struggle with, which any company is going to, it's going to happen more and more, which leads to the need for more, for Bitcoin, is that PayPal closes you down.

Um, you lose your bank accounts. Banks. Like they don't have to give you reason. And we are so dependent on that little plastic card that, that, I mean, it just shuts life down. I mean, we saw it in Canada with the truckers, like we're being fed like example after example, after example. So maybe it will push the apathy [00:44:00] into a direction that's so extreme that one day you do take down your masters.

Right. Um, And maybe that's what has to happen. I mean,

**Marty:** just like MasterCard and Visa, what they, they recently added in the last year or so, the, um, Like the, like on their back end, like they're essentially labeling with product numbers, like the types of goods you're buying, guns being one of them, and like, they're literally setting the groundwork to just debank the, the, the, Gun companies.

The arms industry

**Jessica:** here. Well, not, you know, not the big ones though. Not the defense. No. And of course not the defense industry. Um, yeah, I think DeSantis was saying something. I don't know what happened with it. He was gonna like, force those like, make sure that that didn't pass in Florida. Like they couldn't do that to Floridians or something.

I don't know where that, I don't know where that, uh, went. Um, but yeah, it's like, uh, who's [00:45:00] in control of your money? We're not getting blocks of gold like Menendez from Egypt. So if you're not getting blocks of gold Who holds your money, right?

**Marty:** Yeah, that's Again, it's gonna become more and it's getting into weird territories to her guns.

Obviously very controversial and it makes sense that the government and It's funny going back to the Godfrey conversation when we do live in a somewhat fascist society if you go with Mussolini's definition that The convergence of the state and the corporate world is what the true definition of fascia fascism is.

And whether it's the media, the payments, networks, uh uh, big pharma, big ag, like they are, they work together completely molded together. Mm-hmm. , and many people wanna blame it on late stage capitalism, but we live in a truly centralized fascist. Economy, globally, if you go with the definition that fascism is the state and [00:46:00] corporatism mending, molding together.

For sure.

**Jessica:** All supporting each other. On the information freeways. Yeah,

**Marty:** but it's weird in the 21st century, 2023, that's sort of, uh, what people call the hyper real reality that's been erected, uh, around us, uh, like access to. Our, our smartphones and thinking that we have freedom and quality of

**Jessica:** life. But it's really sucking us into, I mean, I mean, we all have our like weaknesses with our phones, right?

But it is creating that apathy that allows everything to blow past us, right? It's like, yeah, everything's great. Yeah, everything's

**Marty:** great. Got the internet, I can tweet. Yes. Or X, Z, whatever we're calling it these days. I can live stream over the internet. Sure

**Jessica:** can call families are falling apart. Yeah, I can

**Marty:** call a cab for my for my app.

It's pretty cool it's pretty good times, but again, it's uh It's getting weird I'm scared and I [00:47:00] said I'm not scared but let's just like Definitely scared is not the right word. It's like, all right, we need to figure this out. You have children. I have children. It's like , I think of my kids and they're very young.

Yeah. Like what world are you gonna grow up in? Sure. And um, and I think free access to information, I think open source three D printed gun files and open source money are, we're gonna allow them to be free. Yes. The world will come with risk. Risk exist. Exist. We live in an un uncertain reality. Um, it's trying to communicate to people that be comfortable with that risk and not try to have the nanny state manage it for you.

Sure.

**Jessica:** Yeah, I don't know how to bridge that divide. I mean, do you think most people are apathetic?

**Marty:** Oh, yeah. I think most people are. I do think people are waking up. I think, again, going back to the government and this fascist superstructure really shooting itself in the foot, it's overstepping its boundaries, and I think it's lost control of the Frankenstein it's, it's built.[00:48:00]

Um, particularly on the monetary side of things, people really are hurting due to the inflation that exists out

**Jessica:** there. And they're being like, like, just seeing how much money is going abroad is, it's just this, I think, but, uh, this, there's so much news, which is, which is behind this idea of future shocks.

So much is happening. Um, and people are, you can't take in all, like our brains are not meant to, we don't have the ability at the time of day, for most of us, because we work, you get around, you have to do all these things, to absorb, understand, also inform yourself about what's actually happening by doing your own research.

So it, it, No matter what, even if you're not complacent, there's no way of dealing with this onslaught. So it ends up taking you out of like what actually is important, which is like stabilizing what you [00:49:00] have in the immediate. And if everybody was just to like take care of their own immediately, that actually would like, that would, that would have a bounce effect, right?

What does that mean? And then it bounces out and you realize that you have to, you have to dissociate from the top. But that's a hard thing to do. Yes. When we're so addicted to now so much information and have opinions on it.

**Marty:** And the convenience and, um, mirage of comfort that these technologies provide, it's like people are just like, fuck it, like, I'm going to submit to the Borg, uh, I'm well fed, I'm okay.

Like just people get complacent or like running on the hamster wheel or like it's not worth it. It's like giving my VR goggles and put me, get my, uh, get my Instacart delivery here on time and I'll be fine. Whatever. I won't push back. I'll go, go into the pod willingly.

**Jessica:** I was doing this, [00:50:00] um, brief other job, um, basically research.

I won't go into too much, but, um, it was really interesting to learn, um, how many people, um, buy on the internet. Everything, even, and it's across all economic structures. Very poor to very rich. Everybody is having massive amounts of packages coming in. It's like a constant flow of material. That, but it's, it's, why do you need ten packages a day?

You're also ordering food from McDonald's to be delivered. It's, it's, we are so complacent in the form of like, All the things that we can get, and it's so constant that most people aren't fighting for anything anymore. They don't even know what they're eating, right? They're not eating food. Like, most people aren't eating food.

It's industrial sludge. Yeah, I mean it's, and, if you're not eating food, then [00:51:00] what kind of reality are you living in? You're living in the reality that's given to you. Um, Yeah, it was a very interesting how, like, no matter where you sit in the economic scale, the majority of people are just, it's just consuming, but it's consuming via the internet.

It's not consuming, like, even going to a shopping mall and walking around with friends, which, you know, it's like, oh, nostalgia for the 80s, like, at least you had to, like, Socially interact while you're buying your like cheap earrings or something. Um, now it's really just constant Amazon packaging things, things, things without even need.

I've seen it in real life, it's pretty crazy.

**Marty:** Yeah, that's like one of the nefarious minute details of the Borg's sort of strategy which is divide people. Um, sure, whether it's philosophically with particular framing that's put forth through the media or physically where it's like [00:52:00] literally create the conditions that make it so it's not necessary to actually have to go out and interact with people and get everything delivered to you.

Yes. And meet space, hmm.

It's scary. I think like you said like I'm I fall prey to it, you know I mean we go to the farmer's market every weekend. We go to the store To get our food. I like to stay very connected to the food. I'm feeding myself and our children But yeah, no, it is very easy And going back to the convenience of it all that's what sort of lulls people

**Jessica:** It's that false.

It's actually not very convenient. Why do you say that? Because it's, for people that are either, don't have money and they're just buying a bunch of cheap things, that's not convenient on their wallet. And in the end if they're eating just sludge, they're gonna be sick. They're gonna be overweight. Their body's gonna break [00:53:00] down.

While they're young, they're gonna, this is not convenient. This is fake convenience. With the, you know, like, intentional Slow suiciding of your own body. Yeah. So, convenience isn't even like, Convenience is like, Not even living in the moment, Because that would, I think that would be something nice. Um, it's like just, It's just being, I don't know, It's like falling, Prey to

**Marty:** like, Your dopamine receptors.

Yeah. The concept of instant versus delayed gratification. Yeah, for sure. But that instant gratification has a diminishing, Return on utility after a while until you wake up fat, diabetic,

**Jessica:** and yeah, and it's not very convenient then How do we get on the subject

**Marty:** Apathy why are people apathetic and Bringing this back to death athletic [00:54:00] again.

I think that's why I really enjoyed the film and I think it's very important for people to watch because diving into the first principles of like why This is important. Again, stripping the guns away and just getting back to the first principles of you are human. You should have access to this information.

I think you portrayed that beautifully and that I do think even if you're skeptical, normie who hates guns, like it's going to be hard to walk away. After watching 102 minutes of this film and not understand that like, hey, this is a human issue, not a guns issue.

**Jessica:** I hope so. That's what I hope. Um, and I, I think it's, I think it's there.

Um, yeah, this is, this is, this is a real human rights issue.

**Marty:** Yeah. And, um. So what do you think's next for the 3d printed gun movement and Cody and defense distributed going away? I just saw they released [00:55:00] GAT

**Jessica:** GB. Yeah, so Cody's playing with AI now That's one thing and I'm

**Marty:** really interested to get your

insight to this defense distributed again. I think this is Part of the reason why Cody's been so successful is number one. He knows this shit He understands philosophy inside and out and then this focus on aesthetics and messaging is really sort of threaded throughout all this which is Important to sort of like a beautiful aspect to it aesthetically that Um, draws people in as well.

Did you notice

**Jessica:** that? For him? Yeah. Oh, yeah. From, from the get go. I mean, at the beginning, everything he was doing was purely symbolic. Right? And he was, he was creating like, he makes all his videos. That's, that's Cody behind everything, right? Um, and he's always been very aware. Maybe in his other life, he would have just like, tried to be a filmmaker.

Or an artist of some sort. Um, but yeah, no, that's, he, [00:56:00] I think he's very drawn to the process of creating story and propaganda and visuals and beautiful images and filmmaking in general and how you build a story and that's, that's all in his work. The music that he always chose, you never thought he was going to pick like Arvo Parr for the very, very first, you know, his gorgeous classical music, like it's always very, very um, Interesting and beautiful to watch.

And also, often times his films are, you're like, wait, what was that about? Like, he's not, he's not, he has like, anagrams, he has like, uh, little puzzle pieces, he gives, you know, pictures of things that he doesn't explain, and then four years later you realize that's something called Goliad. Um, so he's always constantly playing with symbols and slogans and anagrams and ideas, so I think it's a, it's a lot of play for [00:57:00] him, for, for all the seriousness of his life, all the things that he's like having to fight for.

I, I, visuals, his visuals, his, his films, um, in my opinion are his, like, are his relief projects. Those are his, like, beautiful things that he makes, and he's really proud of those. And when YouTube took everything down, that was, that was not a fun time. No.

**Marty:** As they'll do. Yeah, I've taken a lot of our stuff down, but no, I think in this day and age, like the film that you produce is beautiful.

Obviously, Cody and the work that defense distributed, they have like a really important focus on the aesthetics of it on it. Like in this day and age where the world is wrought with so much ugliness in the physical world, in the social aspects of how we. Talk to each other and even a state of discourse

**Jessica:** films films are kind of ugly now.

I mean I Couldn't watch the Little Mermaid, but [00:58:00] that looked like a two dimensional Flat the the few scenes that I saw I mean films are ugly now And the, and documentaries, I mean, I love documentaries, but now they all look exactly the same, and they have the exact same formula. They have the exact same crescents, everything stretched across nine, nine episodes to keep on bringing you back, bringing you back.

And so you watch the same footage over and over again. It's all like, I don't want to make that. Like, aesthetically, we need to make beautiful things. Beautiful things that surprise people. So I kind of hoped to make that as well in the

**Marty:** world of like film What do you think has led your industry astray to such a point where it's all very formulaic

**Jessica:** Well, I think streaming has definitely changed the formulas that have come out I mean there they've got lots of money and they want to bring people back to their platforms and it works And [00:59:00] so, and they want control, I think, basically, unless you're like a famous director and you're doing something for streaming, they have final cut, um, directors who, uh, do things with smaller directors, I guess, for, they don't own their rights, you know, they're paid to make the film and then Netflix owns it, HBO owns it, you don't own it, right?

So in essence, you're just like paid hands. And so where's the, at what point, where does the artistry come in? If you don't own it, it's very,

**Marty:** again, formulaic. Yeah. You're working for

**Jessica:** a boss, like an industrial process. So I think that's happened across the board for basically like everything.

**Marty:** Are you bullish on these, uh, well it seems like the, the strike

**Jessica:** has ended.

Oh, it's, yeah, it looks like it's ending. But were you happy, like, was there... I wasn't happy or not happy. I've been, I've never really been within Hollywood. I mean, I worked, I worked as a personal assistant for a while, like, a while ago, but, um, I, [01:00:00] for many reasons, I've never, I've never done that. Um, so... It just doesn't affect me.

It's not my world. It's I, I have friends. I don't want them to suffer. I want them to do their jobs. I want them. I don't want them to be like selling their face to AI. I wish them the best. And I hope they came up with a great deal. But in some ways it doesn't touch me whatsoever. And it's a, it's a old, rough, uh, system with convoluted

**Marty:** incentives to

**Jessica:** power structures.

Very. And they just make a lot of bad stuff. So

**Marty:** I'm trying to think like, what's like the most The best movie I've watched like that's come out in recent years

**Jessica:** like that's a big Hollywood film. Yeah good question Not like an indie director out of like Spain or something Good Hong Kong parasite Parasite was it was good.

It's good. You're I love that film.

**Marty:** Yeah. It was really good. It was surprising at the [01:01:00] end. That one's going back, like Pan's Labyrinth,

**Jessica:** what was that like two decades ago? Oh, that was a while ago. Yeah. That was a while ago. Um, I mean there are good films coming out, but I don't know if they're directly coming from Hollywood.

**Marty:** Yeah. Yeah, Hollywood seems like, uh, the epicenter of the

**Jessica:** degeneracy and the... There's tentacles to many things when you say Hollywood, but, um... Yeah, I mean, I I hope the thing is like if you're not in Hollywood to find funding to find All of that it gets very very difficult Extremely difficult. I know this firsthand.

I mean we've mentioned

**Marty:** it a couple times. Do you think like these AI technologies have any validity in terms of helping creative Filmmakers drop the cost of what it takes to produce You know their vision to the world or

**Jessica:** is that all? Sorry, is that all noise? I don't know like the craziest thing is like last week.

I was like, oh my friends sent me something cuz They plugged in their film that they're making [01:02:00] and they were like just like what the hell the AI just like broke down the entire film Gave them I mean wrote the entire documentary wrote a documentary like in seconds So I was like, oh, I wonder if I plugged in death athletic What would it write and it was kind of mind blowing like It gave you a format, it gave you scene breakdown if you wanted, it gave you, like, so, I mean, there's a legitimate concern, especially if what needs to be produced is just formulaic.

Why have a writer write down the 900 scenes that you need when AI can do it in four minutes, or less, or less, and then you can just pick the best ones. Um, so that was a moment. Last week where I was like, oh shit. Oh, dang man. This is this is crazy. But then That will, I think, just create an extra divide between things that are like, [01:03:00] um, industry made.

It's going to be made like processed food and like probably films that have to struggle to be made and maybe actually have a voice. And maybe that was always the story. Hollywood makes Hollywood. Indie filmmakers Struggle to make and then one of them actually, you know, not everything Hollywood can make good film sometimes.

I love the Westerns, you know, you know, there there there are moments of everything, right? But that just means when one pops up, maybe it'll have more force of nature and be more amazing knows I don't want to like pan and say everything's gonna like be die because there is there is there's always There's always exceptions to the rule.

Oh,

**Marty:** like Death Athletic proves, the human spirit always finds a way to... Finds a way. to peek through, and that's... I go back and forth with it, because I leverage it. I use it to create thumbnails for a [01:04:00] website, and if I need to proofread something, I'll dump it. Um, one of the chatbots just like, hey, help me edit this, but there's something, the, the idea that AI is just gonna wholesale replace everything we do, just, again, I don't think you can strip humanity away from planet Earth.

**Jessica:** Sure. Yeah, maybe it's just gonna go after some people's jobs.

**Marty:** We've had this happen a lot, I think this is what factories did, this is what the internet email did. This

**Jessica:** is the way things go. This is the second industrial revolution, it's the AI revolution, we'll see what happens. I don't know, I honestly...

AI's gonna like... Um, force all the seed oils to stop being produced. I hope so. It's going to decide for us. That would be great. Integrates in the system and says you will die. That's

**Marty:** what, that's what we need. Can the AI just tell us like, all right, here's how you regenerative farm the world and you can get all the beef tallow you want instead of this industrial sludge.

Um, Jessica, this has been great.

**Jessica:** Thank you

**Marty:** [01:05:00] for having me. I know, it's been a bit of a meandering conversation. Yeah,

**Jessica:** it's nice. I feel like I'm in your house.

**Marty:** Yeah, we tried to set up the studio that way. Um, where can people find out more about Death Athletic? When's it coming out?

**Jessica:** So, um, deathathletic. com. Um, I'm on Twitter, Jessica Solche.

Um, S O L C, um, trying to keep it updated. I'm like really venturing into using Twitter. Um, but the trailer dropped. Um, there's a pre sale right now. So the pre sales just through my website. I will have Bitcoin up soon. Everyone's asking. Um, it's just, uh, I had, I had someone buy the other day and then I've been seeing, um, basically put in like a really gnarly email.

That's not a gnarly email. It's like, I can't get you the product if you don't put in a real email guys. Like it doesn't, it's not going to compute. Um, anyways, so, [01:06:00] uh, It'll be up soon, but so pre sale on the website and then It's gonna release those pre sales release on October 21st. It'll be on Google's and I Google's Google iTunes and Amazon Amazon Voodoo didn't take it.

I guess Voodoo doesn't want the I thought that was funny So be there but buy off the website buy off the website because it'll go, you know I don't have to do a 50 percent cut with Amazon, etc So yeah, October 21st, and then we'll see where it goes from there. Where do you hope it goes? I mean, I just I hope I hope more people see it.

I mean, you can only wish that it becomes, like, a film that has legs. And the more people see it, and talk about it, and spread the information, you know, I can only hope that it kinda pushes out there into the wild. [01:07:00] Um, I'm getting really good feedback from the trailer, so that's been... been super nice. Um, and then parallelly Pauly this weekend or next weekend.

Um, and then there's going to be premieres. Urbit Lisbon, I think is happening. Um, and then I'm hoping that people can reach out and be like, let's do a screening here, come to wherever we'll put up a screening. And then, you know, Get tickets, you know, and do it like that to just keep on spreading the word.

**Marty:** Yeah, we were talking earlier. We might try to do a screening here at the commons at some point Um, you fit a couple hundred people in here.

**Jessica:** That's a lot of people great

**Marty:** Jessica again, thank you for the work that you've done the movie's incredible. Thank you at the Great pleasure of getting a sneak peek to it and it's enthralling.

Um beginning to end and again It's a very important Message to get out there and story to be told. So thank you for telling it and spreading the message. That's athletic. [01:08:00] com. We'll link to all this in the show notes. Peace and love freaks.